



WELCOME TO OUR

Summer Newsletter



Summer is in full swing here at Yuma Nursing Center & Rehab, and our community is buzzing with energy, laughter, and warm-weather fun! In this edition, we're highlighting our outdoor activities, seasonal celebrations, and ways we're keeping cool while making lasting memories.

From garden strolls to ice cream socials, there's something for everyone to enjoy. Stay connected with all the joy and care that make our facility feel like home this summer season!



In this newsletter you will find:

Upcoming events, Staff Appreciation, Photo Highlights, and more! Keep Reading!



Coming Up

MEMORIAL DAY CEREMONY

Join us as we gather as a community to honor and remember the brave men and women who gave their lives in service to our country. Our ceremony will include a moment of silence, a flag presentation, and music to reflect on their sacrifice and legacy.

We especially recognize and thank the veterans within our own community whose service inspires us daily. Residents, families, and staff are invited to join us for this solemn and meaningful tribute, followed by light refreshments and snacks.



Features:

VOLUNTEER PROGRAMS

We're excited to announce a variety of new volunteer opportunities and invite you to make a meaningful impact in our community. Volunteering is a great way to meet new people, develop skills, and give back in a way that truly makes a difference. Our JR Volunteers must be at least 14 years of age. No experience needed!

Did You Know?

WE OFFER RESPITE STAY

Need a break? We're here to help. Caring for a loved one can be deeply rewarding- but it can also be overwhelming at times. That's why we offer respite services to give caregivers the chance to rest, recharge, and take care of their own well-being. Whether you need a few hours, a full day, or even several days- our trained team is here to provide safe, compassionate support while you take time for yourself. To learn more, please contact us at 928-726-6700.

MEET OUR NEW ADMINISTRATION!

STACY SMITH, MEREDITH CARDENAS, AND SHERRIE FOX HAVE ENTERED THE BUILDING.

We're excited to announce a new chapter at Yuma Nursing Center. As we continue to grow and evolve, we've welcomed new leadership committed to our mission, values, and the communities we serve. our new administration brings fresh perspectives, decades of experience, and a shared passion for caring for our residents and our community. Get to know these individuals!

We are proud to have Stacy Smith, pictured right, a dedicated Registered Nurse, leading our facility as Administrator. With a strong clinical background and a compassionate approach to leadership. she brings a unique blend of medical expertise and administrative excellence to our team. Stacy's commitment to quality care and resident well-being shines through in every decision made, ensuring our facility runs with both efficiency and heart.

~Next to her, we welcome the heart of our nursing team, Meredith Cardenas. With a great sense of humor, years of experience and a deep commitment to resident-centered care, she leads by example- supporting our nurses, enhancing clinical standards, and ensuring every resident receives the highest level of care. Meredith's leadership is marked by integrity, empathy, and an unwavering dedication to both our staff and the families we serve. She is truly the glue that helps hold our nursing team together.

~On the left, we're proud to have Sherrie Fox as our Assistant Director of Nursing, a vital leader who works closely with our nursing team to ensure seamless, high-quality care for our residents. With a heart for caregiving, strong clinical knowledge, outstanding organizational skills, and a passion for team work, she plays a key role in maintaining daily operations and supporting both residents and staff. Sherrie's dedication, approachability, and commitment to excellence make her an invaluable part of our team.



Come visit us at any SBHIS Health Fair!

COME BY AND SAY HI.

We love connecting with our community! Stop by our booth at the health fairs we attend- we'd love to meet you, share what we do, and answer any questions you may have about our facility. Don't forget to grab some goodies while you're there!



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